

## Career services <sup>[1]</sup>



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TEK's Career Services can coach you in your career transitions.

TOOLS and information for job seekers

T <sup>[2]</sup>[ake your job search to the next level](#) <sup>[3]</sup>

Where to look for a job in Finland

[Read about common job search channels](#) [4]

## UPDATE AND MAINTAIN YOUR SKILLS

[Build, expand, and strengthen new competencies, for example, while working, studying or during periods of unemployment](#) [5]

recordings

[Watch recordings from TEK's webinars and streamed events](#) [6]

## CAREER COACHING

[Personal career coaching](#) [7]

Unemployment

[If you are dismissed or temporarily laid off](#) [8]

?TEKREKRY

[Network and search for jobs on TEK's LinkedIn group](#) [9]

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