On this page, we update information about events and courses organized in English.
**Bold by design online training (independent)**

The Bold by Design online training is specifically designed for young experts in the areas of engineering and sciences, completing their master’s degree or during their first years working after graduating. You get to explore what kind of life and work suits you and create inspirational future scenarios. The exercises are intended to foster new thoughts in a relaxed way and encourage you to experiment and take on opportunities that you encounter. You can also write your own life story and strengthen your decision-making skills. The training is carried out on a learning platform and it is done independently at one’s own pace.

The training is specifically designed for young experts and it is available until December 31st 2021. [Read more and sign up!](https://www.tek.fi/en/membership-services-and-benefits/events-and-courses/events-and-courses-english) [2]

**Name it and Say it Online Course (Ongoing)**

This online course is intended for full members of TEK who wish to gain clearer insight on their own expertise and be able to communicate it effectively to others when looking for a job or planning your career, for example. The course is held in English. The aim of this online course is to help you to identify, understand and verbalise your skills and competencies. The course takes place on an online platform and contains independent studying and includes a broad array of exercises. You may complete the exercises independently and set your own schedule. The course does not include the possibility to receive guidance from TEK’s career coaches. [Read more and sign up!](https://www.tek.fi/fi/palvelut-ja-edut/urapalvelut/verkkovalmennukset/online-course-name-it-and-say-it) [3]


**EVENTS and courses in Finnish**

Information on events and courses in Finnish you can find here [5]

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Links